925-377-0977

Page: C1

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## LSC Championship Meet 2016

The Lafayette Swim Conference Championships (LSC) was held on July 30 and 31 at Acalanes High School Heaston Aquatic Center.





Wayne Hawkins, Rancho Colorados set a new LSC record in 100 meters backstroke

### 2016 Lafayette Swim Conference Championship

**Final Team Scores** 

Place	Team	Points
1	Springbrook Swim Team	5,120.50
2	Rancho Colorados Swim Team	4,315.00
3	Lmya Dolphins Swim Team	2,978.00
4	Sun Valley Rays Swim Team	2,715.00
5	Pleasant Hill Dolfins	2,203.00
6	Oakwood Athletic Club	504.50
5	Pleasant Hill Dolfins	2,203.00

### **Records:**

Suppiger, Sadie, Girls 7-8, 25 Freestyle, 14.40 (14.41 previous record) Suppiger, Sadie, Girls 7-8, 25 Back, 17.71 (17.75 previous record) Hawkins, Wayne, Boys 15-18 100 Back, 54.98 (55.01 previous record)

### **Relay:**

Springbrook Swim Team - 'A', Girls 7-8, 100, Medley Relay, 1:10.43 (previous record: 1:12.68) swimmers: Kayden Page 8, Elise Gratton 8, Sadie Suppiger 8, Ella Del Rosario 8

Rancho Colorados Swim Team - 'A', Boys 7-8, 100, Medley Relay, 1:11.50 (previous record: 1:12.16) swimmers: Brandon Hoff 8, Dylan Felson 8, Nikolaos Tzorbatzakis 8, Jasper Brock-Utne 7

Rancho Colorados Swim Team - 'A', Boys, 9-10, 200, Medley Relay, 2:19.62 (previous record: 2:19.67) swimmers: Jon Mendelssohn 9, Paul Kuhner 10, Sammy Lee 10, Walker Smith 9

Springbrook Swim Team - 'A', Girls, 13-14, 200, Medley Relay,1:57.41 (previous record: 1:58.11) swimmers: Anna McCarthy 13, Emma Miller 13, Audrey Passalacqua 13, Kiana Thorson 13







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## **Theater View Veterinary Clinic**



**Theater View** Veterinary Clinic, owned by Dr. Laurie Langfold, is excited to announce a new addition. Dr. Amelia Ausman has joined our team. Come check us out.





"Dr. Laurie" Langford

Phone: (925) 317-3187 Fax: (925) 334-7017 Email: theatervieworinda@gmail.com www.theaterviewvetclinic.com 1 Bates Blvd., Suite 200, Orinda

## OAKLAND STROKES

Competitive High School Rowing Team & **Recreational Middle School program** 

#### Katherine Hawkins, Rancho Colorados, Girls 13-14, won 50 breast in 32.73



## Submit stories to sportsdesk@lamorindaweekly.com

(we prefer to receive your original photo file, minimum size: 200 dpi and 1200 pixels wide)

• We offer a two week trial to all competitive high school athletes to allow them to try out the program.

#### Practices

Novice Women Start August 22, 4pm Novice Men Start September 6, 4pm

• Sign-ups on-line at: www.oaklandstrokes.org

Questions? e-mail us: oaklandstrokes@gmail.com

Middle school: registration is limited and on a first come first serve basis. The program fills up quickly and is now open for registration.



WANT TO FIND OUT MORE? Come to our open house!

August 21, 9:30am & August 28, 9:30am

 Trv it out for 2 weeks with no commitment.

Tidewater Boating Center 4675 Tidewater Ave., Oakland

Come see our new rowing facility and ask any questions you may have.

www.oaklandstrokes.org

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